



# Calaveras County 4-H Sub Regional Presentation Day

Hosted by Jenny Lind 4-H Club

JENNY LIND ELEMENTARY, Valley Springs

Saturday, February 7, 2009

PLEASE ARRIVE AT 10:00 AM



**DIRECTIONS:** Jenny Lind Elementary is located in Valley Springs. At the 4-way stop sign, turn onto Highway 26 West. Go approx. 4 ½ miles; take a left on Hagen Ct. and a right on 5100 Driver Rd.

## WHAT IS SUB REGIONAL PRESENTATION DAY?

4-H presentations are a special sharing time when members show the skills they've acquired to others. Sub Regional Presentation Day gives 4-H members the opportunity to show others what they have learned in their current 4-H projects.

## WHAT IS A PRESENTATION?

It is a planned demonstration or illustrated talk which explains or illustrates by using examples. To demonstrate is to teach by showing – learning by doing! Show someone how to tie his shoes, or his 4-H tie! Demonstrating is teaching in the clearest and simplest method known. When members are enrolled in 4-H they have a desire to learn. In giving presentations, they share with others their acquired knowledge. Boys and girls like to “tell others”. This is natural. They should be encouraged to start by giving a simple presentation and, as they develop, they can do more difficult presentations.

## WHY GIVE A PRESENTATION?

Presentations help 4-H members:

- do and learn – learn and do.
- develop an ability to speak before a group.
- share acquired knowledge and skill.
- develop creativity.
- gain experience in teamwork.
- gain self-confidence, leadership and initiative.
- gain personal recognition.
- have a more interesting and active 4-H project.

Every club and project group should devote time to presentations. Presentations by 4-H members should be a vital part of every 4-H club program. A desirable goal for each 4-H club is to have every member give at least one presentation during the year.

## HOW TO ORGANIZE IDEAS INTO A PRESENTATION

Study the subject and get all the facts. Decide on the objective. Make a simple plan and go through these steps:

- a) Introduction
- b) Body
- c) Summary

Secure the necessary equipment. Select a “catchy” title, which applies to the presentation. Make it an original and interesting one.

INTRODUCTION – Each time members give their presentations, it is helpful if someone else will introduce them, give the title and their club or county. Start the presentation with an interesting or catchy opening statement, story or question. The introduction must get the audience interested. Favorable first impressions are important to the success of the presentation and create interest in the subject.

BODY – You must develop the ideas and points of the presentation into logical order. Show how and tell why each step is being done. In team presentations, try to share the showing and telling equally.

SUMMARY – Make sure the audience remembers and takes away the main points:

- 1) Leave a favorable impression
- 2) Restate key points of the presentation
- 3) Do not bring up new subject matter
- 4) Provide an opportunity for questions

## HOW TO POLISH THE PRESENTATION

1. Be well groomed. Wear neat, clean, appropriate clothing; smile and relax or learn to appear relaxed; standing on both feet with good posture; appear friendly, confident and maintain eye contact with your audience.
2. Arrange equipment and supplies for working convenience and visibility; show skills in use of equipment; use neat, readable visuals, if needed, to explain the presentation; keep working area clear of unnecessary equipment.
3. Be interested and show enthusiasm; know the subject well; don't talk while using noisy equipment; speak loudly and clearly enough to be heard by the entire audience; simplify the job

*Sub Regional Presentation Day 1*

so listeners will be eager to try it; practice before parents, project groups, your club and any other available audience.

## **TYPES OF PRESENTATIONS: VERBAL AND VISUAL**

### **Demonstration and Illustrated Talk:**

- Use 4 posters for demonstrations and 3 posters for illustrated talks.
- Must be 4-H current project or activity related.
- Teams limited to 2 members.
- Demonstrations limited to 15 minutes.
- Notes not allowed.
- This category is judged using the Danish System.

### **Educational Display:**

- Requires introductory presentation by the member.
- Teams limited to 2 members.
- Notes not allowed.
- This category is judged using the Danish System.

An educational display is an organized visual presentation of a program or concept. A display should be designed to convey its message in a limited amount of time. **IMPORTANT: 4-H members entering a display must provide their own card table or easel.**

Displays may exhibit one of the following display formats:

1. Card Table Display (approx. 30" x 30"). This format should feature a tri-fold poster board that includes a title, the member's name and 4-H club, and a representation of the program or concept.
2. Panel Display (48" x 48"). This is a vertical, free standing display that is presented on an easel. The display will include a title, the member's name, 4-H club, and a representation of the program or concept.

All lettering and visual depictions on the displays will be understandable or readable by an average adult from no less than a four foot distance.

Presenters will be expected to introduce the display with a prepared oral presentation including the title, the member's club, number of years in the project, how the display is relevant to the member's 4-H experience and a brief overview of the display.

Presenters may not use notes during the presentation of the display to the judges. The display should provide any necessary prompting.

### **Prepared Speech:**

- Limited to individual, no team.
- No notes or visual aids allowed.
- No props or costumes allowed.
- Time limited to 10 minutes
- This category is judged using the Danish System.

This format requires that the member write and deliver his/her own speech. The speaker will either persuade or educate the audience on a single issue or topic dealing with society or individuals. Topic must be age-appropriate, and in good taste.

### **Impromptu Speech**

- Limited to 9<sup>th</sup> grade and higher, or 13 years of age and older.
- Limited to individual, no team.
- Implements basic research by the member that can be used during the speech.
- A single note card can be used during the speech.
- Speaking time limited to 5 minutes.
- Member is allowed one 5" x 7" note card (single sided) and may use the card during the delivery of the speech.
- Questions are not asked by the judges.
- This category is judged using the Danish System.

Impromptu speaking involves speeches that the member has written him/herself at the competition. One at a time, the members will randomly draw a piece of paper with a topic on it. From the time that the member is given the topic, he/she will have three minutes to prepare a speech.

### **Interpretive Reading:**

- Requires the introduction of the passage including characters and setting by the member.
- The reading will be finished with a short conclusion.
- No props or costumes or other materials other than the reading material.
- Limited to individual participants.
- Reading limited to 5 minutes. The introduction and conclusion limited to 5 minutes.
- This category is judged using the Danish System.

Speakers may read any published written work, that is age appropriate and in good taste. The member should introduce the reading, including the title of the piece, the author, the characters, the purpose or setting of the writing and any other introductory information that might enhance the understanding of the piece by the audience.

#### **Share The Fun:**

- A skit that focuses on health, safety, community pride, recreation or citizenship.
- Member must introduce the activity without notes.
- Costumes, props, decorations and other visual aids are encouraged. No title card is necessary.
- Participants must provide and set-up any needed audio-visual equipment.
- This category is judged using the American System.

#### **Cultural Arts:**

- Performing Arts.
- Costumes, props and decorations encouraged.
- Presentations are not to exceed 15 minutes in length.
- Participants must provide and set-up any needed audio-visual equipment.
- Notes may not be used.
- This category is judged using the Danish System.

4-H individual members and groups perform a costumed dramatic reading, musical, dance or other such performing art. This category is open to individual participants, groups, projects, clubs, etc.

#### **Audio Visual Presentation:**

- Incorporates slides, video or digital representations.
- Limited to individuals.
- Member must introduce the presentation in the presence of the judges and without notes.
- Member must provide all equipment.
- Length of presentation should be appropriate for its topic and message.
- This category is judged using the Danish System.

A slide presentation lasts between five and 10 minutes and should be supplemented with a verbal commentary, synchronized tape recording or audio track.

Presenters are expected to introduce the entry with a prepared introduction including the title, the member's information, how the presentation is relevant to the member's 4-H experience and a brief overview of the presentation. No notes are allowed.

#### **Problem Solving Presentation:**

- Designed to encourage critical thinking, idea organization and persuasive oratory.
- Limited to members 9<sup>th</sup> grade and above, but no less than 13 years of age.
- Limited to individual participants.
- Presentation should last from five to 10 minutes and should include introduction, body and conclusion.
- Notes are not allowed.
- Member can support presentation with posters, overhead slides or computer generated slides.
- This category is judged using the Danish System.

#### **CAN I PARTICIPATE IN SUB REGIONAL PRESENTATION DAY?**

Any 4-H member in Calaveras, Amador, Tuolumne, Mariposa or El Dorado County can give a presentation at Sub Regional Presentation Day. The enclosed entry form must be returned by the deadline to the Calaveras 4-H Office. You may mail the entry form, but your entry must be postmarked by the deadline. You will need your project or community club leader's signature on the entry form.

#### **WHAT ARE THE RULES?**

1. A 4-H member may participate in Share The Fun (as a team) and **one** other presentation category.
2. Product labels should be limited to generic names and product names should be covered.
3. If the presentation is not based on a specific project, the member should connect the presentation to a club or project based 4-H presentation program. School assignments are not appropriate subjects for presentations.
4. Presentations should be well prepared and well rehearsed.
5. 4-H uniforms are encouraged. It is not required but it will look better to the judge who will be judging your presentation. If you do not wear your uniform, be sure to dress neatly.
6. You are responsible for your equipment. Please be sure to mark all your equipment for identification.

7. If you bring animals, be prepared to clean up after them, their mess and any shavings. Please bring a whiskbroom, dustpan, paper towels, etc. for clean up. No large animals or puppies will be allowed in the buildings. Please do not bring untamed or uncontrollable animals, as you will promptly be asked to leave, for the safety of others.
  8. You cannot change the type of presentation you have signed up for, after the deadline.
  9. No substitution of 4-H members.
  10. We will not change the order of the presentations on the date of the event (you must request this before the deadline as we will do our best to accommodate you).
  11. Do not bring items that are NOT allowed on school grounds.
  12. Each 4-H club or county in attendance must provide judges and room coordinators.
6. After your presentation, clean up your area quickly and quietly. You may sit in the classroom and watch the other presentations or move to other classrooms to watch other presentations. No one will be allowed to enter classrooms during a presentation. The door will be opened between presentations and closed at the beginning of the next presentation. The multipurpose room will be available and refreshments may be purchased. Once all presentations are judged, everyone will go to the multipurpose room. Award will be presented after all judging results are tallied.
  7. Every room will have two room coordinators. They will be responsible for introducing the presenters to the judges. They are also responsible for clean up of their rooms.
  8. Divisions will be based on your year in school:
    - Group A: Kindergarten – 3<sup>rd</sup> Grade
    - Group B: 4<sup>th</sup> – 5<sup>th</sup> Grade
    - Group C: 6<sup>th</sup> – 8<sup>th</sup> Grade
    - Group D: 9<sup>th</sup> – 12<sup>th</sup> Grade
  9. Scoring will be made on the following:
 

Excellent –	Gold Medal
Good –	Silver Medal
Fair -	Bronze Medal

### WHAT HAPPENS AT SUB REGIONAL PRESENTATION DAY?

1. Upon arrival, go to the Registration Desk in the multipurpose room to check in, pick up a program and find out what classroom you will be presenting in.
2. Go directly to your classroom and take a seat. Check your program to see where you are in the schedule.
3. The room coordinator will announce your presentation (excludes displays). When your name is called you will set up your presentation at the front of the classroom. No parent help is allowed here. If you need help moving or setting up your presentation, request it from the room coordinators. They are there to help.
4. Easels will be provided for you to set a poster on as part of your presentation (excludes displays). A table will be provided (excludes displays) also but you must provide anything else. **NOTE: those entering displays must bring their own card table or easel.**
5. Three judges will be assigned to a room. They will ask you questions about your presentation once you are finished discussing it. Always repeat the question the judge has asked you before giving your answer.

**EXAMPLE:** Judge asks, “How many years have you been in this project?” You respond with, “The question was, ‘How many years have you been in this project?’. I have been in this project for 2 years.” If there are two of you giving the presentation, decide beforehand who will answer the first question, second question, etc.

10. All gold medal winners may participate in Sectional Presentation Day.

### JUDGES AND ROOM COORDINATORS NEEDED

We will need many volunteers to assist us. Leaders & parents are encouraged to be judges and non-primary 4-H members are encouraged to be room coordinators. If you would like to be a judge, please fill in the entry form and check the “Judge” category. Potential judges will be contacted.

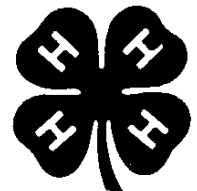
4-H members who wish to be a room coordinator should fill in the entry form and check the “Room Coordinator” category.

### SECTIONAL PRESENTATION DAY

Information about North Central Section Presentation Day will be available at Sub Regional Presentation Day. The Sectional event will be held March 28<sup>th</sup> at UC Davis. Gold medal winners from Calaveras, Amador and El Dorado counties are eligible to attend.

### STATE PRESENTATION DAY

We are following the guidelines for State Presentation Day. For more information about presentation descriptions visit <http://ca4h.org/leadership/spd/>



# Sub Regional 4-H Presentation Day Entry Form

**Due to Calaveras 4-H Office by January 30, 2009**

***In the interest of fairness, late entries will not be accepted under any circumstances  
It is recommended that you call the Calaveras 4-H office to confirm your entry has been received***

County: \_\_\_\_\_ 4-H Club: \_\_\_\_\_

Name(s): \_\_\_\_\_  
(attach a list for Share the Fun and Cultural Arts categories)

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ E-Mail: \_\_\_\_\_

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Project: \_\_\_\_\_

Title: \_\_\_\_\_

Type:  Demonstration     Illustrated Talk     Educational Display  
 Prepared Speech     Impromptu Speech     Interpretive Reading  
 Share the Fun     Cultural Arts     Audio-Visual Presentation  
 Problem Solving Presentation

Primary:  Junior:  4<sup>th</sup>  5<sup>th</sup> Intermediate:  6<sup>th</sup>  7<sup>th</sup>  8<sup>th</sup> Senior:  9<sup>th</sup>  10<sup>th</sup>  11<sup>th</sup>  12<sup>th</sup>

I need to give my presentation outdoors (for large live animals, etc.):    Yes    No

If bringing an animal, what is it? \_\_\_\_\_

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Signature of Parent: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Project Leader  
or Club Leader: \_\_\_\_\_ Date: \_\_\_\_\_

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I wish to be a Room Coordinator (must arrive by 9:30 a.m.)     I wish to be a Judge  
(potential judges will be notified)

County: \_\_\_\_\_ 4-H Club: \_\_\_\_\_

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ E-Mail: \_\_\_\_\_

Send registration form to:  
Jennifer Goerlitz  
4-H Office Calaveras County  
891 Mountain Ranch Rd.  
San Andreas, CA 95249

Fax 209/754-9616  
Phone 209/754-6477  
Email [jgoerlitz@co.calaveras.ca.us](mailto:jgoerlitz@co.calaveras.ca.us)

**A Medical Treatment Form** should be filled out and brought along with any 4-H member who will be traveling with adults **other than** their own parent or guardian

**California 4-H Youth Development Program  
Youth Medical Release Form  
University of California Cooperative Extension**

This Medical Release Form is authorized for 4-H functions and activities for the Club/Unit and dates specified below:

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Club/Unit Name \_\_\_\_\_  
 Calaveras, CA \_\_\_\_\_ February 7, 2009 to February 7, 2009  
 County and State \_\_\_\_\_ Dates (From / To) \_\_\_\_\_

While my child is attending or traveling to or from this 4-H function, I HEREBY AUTHORIZE THE ADULT 4-H VOLUNTEER LEADER OR 4-H STAFF MEMBER, or in his/her absence or disability, any adult accompanying or assisting him/her, TO CONSENT TO THE FOLLOWING MEDICAL TREATMENT FOR SAID MINOR:

Any x-ray examination, anesthetic, medical or surgical diagnosis or treatment, and hospital care which is deemed advisable by, and is to be rendered under the general or special supervision of any physician and/or surgeon licensed under the provisions of the Medical Practices Act, California Business and Professions Code Section 2000 et seq.; or any x-ray examination, anesthetic, dental or surgical diagnosis or treatment, and hospital care to be rendered by a dentist licensed under the provisions of the Dental Practices Act, California Business and Professions Code Section 1600 et seq.

This authorization is given pursuant to the provisions of Section 25.8 of the Civil Code of California. This authorization shall remain effective until my child completes his/her activities in this program unless sooner revoked in writing. I understand that as a parent/guardian, I will be responsible for the cost of any service or treatment provided not covered by the 4-H Accident/Sickness Insurance Program sponsored by UC Cooperative Extension.

**Authorization and Consent and Release**

I hereby certify that my child is in good health and can travel to and participate in all functions of the 4-H Youth Development Program as described above. I understand is it my responsibility to keep the information on this form updated (including Health History and parent/guardian status) by contacting the County 4-H Office.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

( \_\_\_\_\_ ) Emergency Day Phone (with area code) \_\_\_\_\_ ( \_\_\_\_\_ ) Emergency Night Phone (with area code) \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Non-Consent**

I do not desire to sign this authorization and understand that this will prohibit my child from receiving any non-life threatening medical attention in the event of an accident or illness.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

University policy, and the State of California Information Practices Act of 1977 require the following information be provided when collecting personal information from you: The information entered on this form is collected under authority of the Smith-Lever Act. Submission of the medical data is voluntary. However, a signature is required on one of the other of the two signature lines above. Failure to provide the medical information and authorization may result in our inability to provide necessary medical treatment. You have the right to review University records containing personal information about you/your child, with certain exceptions as set forth in policy and statute. Copies of University policies pertaining to the collection, use, or release of personal data are available for your examination from the local UCCE County Director, 4-H Youth Development Advisor, 4-H Program Representative, or the State 4-H Director at the California 4-H Youth Development Program, University of California, DANR Building, One Hopkins Road, Davis, CA 95616-9575, (530) 754-9518. Only your own/your child's records are open to your review.

Any known or foreseeable intergovernmental transfer that may be made of the information is as follows: None.

**California 4-H Youth Development Program  
Health History Information  
University of California Cooperative Extension**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Date of Birth \_\_\_\_\_

Subject to:	Yes	No	Now Have or Have Had	Yes	No
Colds			Heart Trouble		
Sore Throat			Asthma		
Fainting Spells			Lung Trouble		
Bronchitis			Sinus Trouble		
Convulsions			Hernia (rupture)		
Champs			Appendicitis		
Allergies			Has appendix been removed?		
Wear corrective lenses?			Do you walk in your sleep?		
Is hearing good?					

Currently under any type of medical care? \_\_\_\_\_  
 Is there history of behavior disorders, emotional disturbances, or severe moodiness? \_\_\_\_\_  
 Been under psychiatric treatment within the past five years? \_\_\_\_\_

Date of last Tetanus Vaccination: \_\_\_\_\_

- Please check over-the-counter medications that may be administered:
- Tylenol  Ibuprofen  Cough Syrup  Decongestant  Dramamine
  - Antacid  Polysporin  Hydrocortisone  Other: \_\_\_\_\_

Please identify allergies including allergies to food, medications, and drug reactions:

Please list any disabilities or disorders that may affect participation at 4-H events such as: eyesight, hearing, speech, paralysis, diabetes, ulcer, etc.

Please list all current medications:

Name of Medication	Dosage	Times Taken

Remarks and special instructions. Please explain "yes" answers on this page.

The University of California prohibits discrimination or harassment of any person on the basis of race, color, national origin, religion, sex, gender identity, pregnancy (including childbirth, and medical conditions related to pregnancy or childbirth), physical or mental disability, medical condition (cancer-related or genetic characteristics), ancestry, marital status, age, sexual orientation, citizenship, or status as a covered veteran (covered veterans are special disabled veterans, recently separated veterans, Vietnam era veterans, or any other veterans who served on active duty during a war or in a campaign or expedition for which a campaign badge has been authorized) in any of its programs or activities.

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**4-H 1109 (Rev 4/2004)**